

Sewickley Valley YMCA - 9/10/2023**Results****Event 2 Men 18+ 200 Yard Medley Relay**

Team	Relay	Seed Time	Finals Time
1 Jamestown Masters Swimmi	A	NT	2:38.69
1) Meekins, Kris J M64	2) Vaillancourt, Michael M59	3) Barkstrom, Jeff M56	4) Siegel, Rich M71

Event 3 Women 35-39 100 Yard Freestyle

1 Reiser, Emily	36 Oil City YMCA Masters	1:09.43	1:11.95	7
33.17	1:11.95 (38.78)			

Event 3 Women 40-44 100 Yard Freestyle

1 McClellan, Jennifer	43 Oil City YMCA Masters	56.22	1:00.13	7
28.52	1:00.13 (31.61)			
2 Roncone, Julie	41 Beaver County YMCA	1:17.00	1:14.46	5
36.95	1:14.46 (37.51)			
3 Donnelly, Tera S	44 Grove City YMCA	1:20.00	1:17.10	4
37.31	1:17.10 (39.79)			

Event 3 Women 45-49 100 Yard Freestyle

1 Fisher, Heather	49 Cranberry YMCA-AM	1:05.00	1:06.77	7
31.85	1:06.77 (34.92)			
2 McEhinny, Tammie	48 Meadville YMCA-AM	NT	1:32.95	5
44.01	1:32.95 (48.94)			
3 Kellam, Shannan	49 Greensburg Y Masters Swim Team	1:52.00	1:49.43	4
52.95	1:49.43 (56.48)			
--- Radio, Lisa	45 Valley Points Family YMCA	1:16.00	NS	

Event 3 Women 50-54 100 Yard Freestyle

1 Mendoza, Krista	51 Grove City YMCA	1:18.00	1:14.96	7
36.40	1:14.96 (38.56)			
2 Froyd, Margaret	54 Greater Pittsburgh YMCA	NT	1:57.19	5
55.24	1:57.19 (1:01.95)			

Event 3 Women 55-59 100 Yard Freestyle

1 Ide, Carol	57 Greater Pittsburgh YMCA	1:09.50	1:11.09	7
35.06	1:11.09 (36.03)			
2 Strough, JoNell	57 Greater Pittsburgh YMCA	1:30.00	1:31.63	5
44.85	1:31.63 (46.78)			

Event 3 Women 60-64 100 Yard Freestyle

1 Schuliger, Janine	62 Cranberry YMCA-AM	1:16.00	1:17.86	7
37.53	1:17.86 (40.33)			
2 Williams, Karen	63 Jamestown Masters Swimming-AM	1:25.00	1:20.72	5
39.58	1:20.72 (41.14)			
3 Clark, Merri	61 Greater Pittsburgh YMCA	NT	1:31.99	4
40.94	1:31.99 (51.05)			

Event 3 Women 65-69 100 Yard Freestyle

1 McDonough, Janet	65 Cranberry YMCA-AM	1:07.00	1:04.25	7
30.70	1:04.25 (33.55)			
2 Myers, Gretchen	67 Meadville YMCA-AM	1:18.00	1:17.99	5
36.22	1:17.99 (41.77)			
3 Sikora, Rosanna	68 Greater Pittsburgh YMCA	1:35.00	1:24.40	4
40.54	1:24.40 (43.86)			
4 Ruttenberg, Dana	66 Meadville YMCA-AM	1:35.00	1:28.86	3
42.16	1:28.86 (46.70)			
5 Andrus, Nora	68 Greater Pittsburgh YMCA	2:24.00	2:34.13	2
1:11.89	2:34.13 (1:22.24)			

Sewickley Valley YMCA - 9/10/2023**Results****Event 3 Women 70-74 100 Yard Freestyle**

1	Lewis, Kathy	71	Greater Pittsburgh YMCA	1:15.00	1:10.87	7
	34.05	1:10.87 (36.82)				
2	Daniel, Martha	70	Greater Pittsburgh YMCA	1:21.00	1:23.41	5
	40.22	1:23.41 (43.19)				
3	Kaighin, Karen	71	Greater Pittsburgh YMCA	1:30.00	1:29.87	4
	43.82	1:29.87 (46.05)				
4	Sagan, Deborah	70	Cranberry YMCA-AM	1:34.00	1:34.28	3
	44.36	1:34.28 (49.92)				
5	Aldridge, Connie	70	Harrison County YMCA	2:10.00	2:20.44	2
	1:06.70	2:20.44 (1:13.74)				

Event 3 Women 95-99 100 Yard Freestyle

1	Young, Judy	97	Jamestown Masters Swimming-AM	2:50.00	3:00.31	7
	1:24.09	3:00.31 (1:36.22)				

Event 3 Men 18-24 100 Yard Freestyle

1	Bender, Micah	22	YMCA of Youngstown-OH	1:15.46	1:15.68	7
	32.85	1:15.68 (42.83)				

Event 3 Men 25-29 100 Yard Freestyle

1	Pinaroc, Josh	28	Greater Pittsburgh YMCA	1:02.00	1:03.29	7
	30.52	1:03.29 (32.77)				

Event 3 Men 30-34 100 Yard Freestyle

1	Tipper, Royce	31	Beaver County YMCA	1:03.00	57.72	7
	27.82	57.72 (29.90)				

Event 3 Men 35-39 100 Yard Freestyle

---	Kelley, Patrick	38	Jamestown Masters Swimming-AM	1:04.00	NS	
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Event 3 Men 45-49 100 Yard Freestyle

1	Fisher, John	49	Cranberry YMCA-AM	59.00	1:00.31	7
	28.66	1:00.31 (31.65)				
2	Kellam, Jim	49	Greensburg Y Masters Swim Team	1:22.90	1:17.84	5
	36.86	1:17.84 (40.98)				

Event 3 Men 50-54 100 Yard Freestyle

1	White, Bill	53	Sewickley YMCA Masters-AM	NT	54.59	7
	26.76	54.59 (27.83)				

Event 3 Men 55-59 100 Yard Freestyle

1	Barkstrom, Jeff	56	Jamestown Masters Swimming-AM	1:02.00	1:03.71	7
	31.15	1:03.71 (32.56)				
2	Goldman, Carl	59	Greater Pittsburgh YMCA	1:00.00	1:04.98	5
	30.85	1:04.98 (34.13)				
3	Vaillancourt, Michael	59	Jamestown Masters Swimming-AM	1:15.00	1:12.60	4
	35.17	1:12.60 (37.43)				
4	Bohatch, Greg	59	Greater Pittsburgh YMCA	1:25.00	1:15.13	3
	35.92	1:15.13 (39.21)				

Event 3 Men 60-64 100 Yard Freestyle

1	Gallant, John	63	Greater Pittsburgh YMCA	59.60	58.05	7
	58.11	58.05 ()				
2	Fenstermacher, Jim	60	Greater Pittsburgh YMCA	1:10.00	1:08.86	5
	33.00	1:08.86 (35.86)				
3	Jensen, Jim	62	Cranberry YMCA-AM	1:10.00	1:12.02	4
	34.15	1:12.02 (37.87)				

Sewickley Valley YMCA - 9/10/2023**Results****(Event 3 Men 60-64 100 Yard Freestyle)**

4	Meekins, Kris J	64	Jamestown Masters Swimming-AM	1:08.00	1:13.38	3
	34.73		1:13.38 (38.65)			

Event 3 Men 65-69 100 Yard Freestyle

1	Wagner, Dale	67	Cranberry YMCA-AM	1:05.10	1:03.45	7
	30.80		1:03.45 (32.65)			

2	Gavin, Mike	68	Cranberry YMCA-AM	1:30.00	1:18.86	5
	38.32		1:18.86 (40.54)			

---	Riggs, Jonathan	66	Harrison County YMCA	1:01.00	NS	
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Event 3 Men 70-74 100 Yard Freestyle

1	Thornton, Jim	71	Sewickley YMCA Masters-AM	58.94	59.86	7
	28.85		59.86 (31.01)			

2	Weston, Bruce	70	Grove City YMCA	1:15.00	1:14.61	5
	35.38		1:14.61 (39.23)			

3	Shields, Barry	71	Greater Pittsburgh YMCA	1:15.00	1:19.10	4
	38.24		1:19.10 (40.86)			

4	Ruffing, Lew	74	Greater Pittsburgh YMCA	NT	1:36.17	3
	1:36.17		1:36.17 ()			

5	Ringbloom, Bud	73	YMCA of Youngstown-OH	1:50.87	1:58.17	2
	54.64		1:58.17 (1:03.53)			

Event 4 Women 45-49 200 Yard Butterfly

1	Barron, Amy	45	Sewickley YMCA Masters-AM	3:26.83	3:35.55	7
	42.96		1:37.46 (54.50) 2:37.87 (1:00.41) 3:35.55 (57.68)			

Event 4 Women 55-59 200 Yard Butterfly

1	Strough, JoNell	57	Greater Pittsburgh YMCA	3:56.51	3:55.35	7
	55.11		1:56.51 (1:01.40) 2:59.10 (1:02.59) 3:55.35 (56.25)			

2	Styer, Jody	56	YMCA of Youngstown-OH	4:30.80	4:23.81	5
	51.08		1:53.25 (1:02.17) 3:04.52 (1:11.27) 4:23.81 (1:19.29)			

Event 4 Women 65-69 200 Yard Butterfly

1	McNulty, Barbara	66	Sewickley YMCA Masters-AM	3:38.92	3:36.72	7
	47.36		1:42.36 (55.00) 2:41.07 (58.71) 3:36.72 (55.65)			

Event 4 Women 70-74 200 Yard Butterfly

---	Sagan, Deborah	70	Cranberry YMCA-AM	4:30.00	NS	
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Event 4 Men 65-69 200 Yard Butterfly

1	Gavin, Mike	68	Cranberry YMCA-AM	3:35.00	3:24.05	7
	46.29		1:38.58 (52.29) 2:31.88 (53.30) 3:24.05 (52.17)			

Event 4 Men 70-74 200 Yard Butterfly

1	Shields, Barry	71	Greater Pittsburgh YMCA	3:29.00	4:25.83	7
	51.88		1:56.51 (1:04.63) 3:10.63 (1:14.12) 4:25.83 (1:15.20)			

Event 5 Women 35-39 25 Yard Backstroke

1	Vranick, Ashley	36	Sewickley YMCA Masters-AM	19.00	22.72	7
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Event 5 Women 40-44 25 Yard Backstroke

1	Ronccone, Julie	41	Beaver County YMCA	19.00	20.42	7
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Event 5 Women 45-49 25 Yard Backstroke

1	Knezovich, Lauren	45	Cranberry YMCA-AM	19.00	18.08	7
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2	McEhinny, Tammie	48	Meadville YMCA-AM	NT	20.35	5
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---	Radio, Lisa	45	Valley Points Family YMCA	20.00	NS	
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Sewickley Valley YMCA - 9/10/2023**Results****Event 5 Women 50-54 25 Yard Backstroke**

1	Bates, Kelly	53	Jamestown Masters Swimming-AM	NT	20.74	7
2	Hertel, Heather	50	Grove City YMCA	22.78	25.67	5

Event 5 Women 60-64 25 Yard Backstroke

1	Schuliger, Janine	62	Cranberry YMCA-AM	21.00	19.00	7
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Event 5 Women 65-69 25 Yard Backstroke

1	McDonough, Janet	65	Cranberry YMCA-AM	18.00	16.30	7
2	Myers, Gretchen	67	Meadville YMCA-AM	18.00	18.54	5
---	Feenstra, Nancy	65	Jamestown Masters Swimming-AM	NT	NS	

Event 5 Women 70-74 25 Yard Backstroke

1	Lewis, Kathy	71	Greater Pittsburgh YMCA	20.00	19.77	7
2	Kaighin, Karen	71	Greater Pittsburgh YMCA	26.50	25.37	5
3	Aldridge, Connie	70	Harrison County YMCA	28.00	32.10	4

Event 5 Women 95-99 25 Yard Backstroke

1	Young, Judy	97	Jamestown Masters Swimming-AM	35.00	36.99	7
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Event 5 Men 18-24 25 Yard Backstroke

1	Bender, Micah	22	YMCA of Youngstown-OH	NT	22.72	7
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Event 5 Men 30-34 25 Yard Backstroke

1	Tipper, Royce	31	Beaver County YMCA	14.50	14.45	7
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Event 5 Men 40-44 25 Yard Backstroke

1	Belowich, Sean	43	Sewickley YMCA Masters-AM	14.00	14.32	7
2	Wolbert, Barry	40	Oil City YMCA Masters	20.00	18.14	5

Event 5 Men 45-49 25 Yard Backstroke

1	Radio, Nick	45	Valley Points Family YMCA	19.00	15.79	7
2	Mayhew, Ben	48	Virginia Beach YMCA	16.00	17.10	5

Event 5 Men 60-64 25 Yard Backstroke

1	Gallant, John	63	Greater Pittsburgh YMCA	15.80	15.08	7
2	Jensen, Jim	62	Cranberry YMCA-AM	17.12	17.22	5

Event 5 Men 65-69 25 Yard Backstroke

1	Wagner, Dale	67	Cranberry YMCA-AM	19.10	17.34	7
2	McCafferty, Ken	69	Valley Points Family YMCA	24.00	27.64	5
---	Abbate, Gary	69	Harrison County YMCA	29.20	NS	

Event 6 Women 40-44 100 Yard Breaststroke

1	Baird, Michelle	40	Sewickley YMCA Masters-AM	1:21.00	1:20.51	7
	37.57				1:20.51 (42.94)	
2	McClellan, Jennifer	43	Oil City YMCA Masters	1:19.87	1:21.25	5
	38.15				1:21.25 (43.10)	
3	Ronccone, Julie	41	Beaver County YMCA	1:38.00	1:32.75	4
	45.15				1:32.75 (47.60)	
4	Donnelly, Tera S	44	Grove City YMCA	2:00.00	1:49.32	3
	51.21				1:49.32 (58.11)	

Event 6 Women 45-49 100 Yard Breaststroke

1	Kellam, Shannan	49	Greensburg Y Masters Swim Team	3:00.00	3:08.94	7
	1:29.84				3:08.94 (1:39.10)	

Sewickley Valley YMCA - 9/10/2023**Results****Event 6 Women 50-54 100 Yard Breaststroke**

1	Westreich, Monique	50	Greater Pittsburgh YMCA	2:05.00	1:55.00	7
	55.29	1:55.00 (59.71)				

Event 6 Women 60-64 100 Yard Breaststroke

1	Williams, Karen	63	Jamestown Masters Swimming-AM	1:46.00	1:46.37	7
	51.03	1:46.37 (55.34)				
2	Clark, Merri	61	Greater Pittsburgh YMCA	NT	1:53.81	5
	56.47	1:53.81 (57.34)				

Event 6 Women 65-69 100 Yard Breaststroke

1	Lascuola, Ann	66	Cranberry YMCA-AM	1:51.50	1:51.24	7
	53.13	1:51.24 (58.11)				
2	Ruttenberg, Dana	66	Meadville YMCA-AM	1:58.00	1:57.52	5
	57.31	1:57.52 (1:00.21)				
3	Andrus, Nora	68	Greater Pittsburgh YMCA	1:53.00	3:22.04	4
	1:34.50	3:22.04 (1:47.54)				

Event 6 Men 25-29 100 Yard Breaststroke

1	Pinaroc, Josh	28	Greater Pittsburgh YMCA	NT	1:26.73	7
	40.76	1:26.73 (45.97)				

Event 6 Men 35-39 100 Yard Breaststroke

---	Kelley, Patrick	38	Jamestown Masters Swimming-AM	1:26.00	NS	
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Event 6 Men 45-49 100 Yard Breaststroke

1	Mayhew, Ben	48	Virginia Beach YMCA	1:23.00	1:24.05	7
	40.18	1:24.05 (43.87)				

Event 6 Men 50-54 100 Yard Breaststroke

1	White, Bill	53	Sewickley YMCA Masters-AM	NT	1:07.99	7
	32.63	1:07.99 (35.36)				

Event 6 Men 55-59 100 Yard Breaststroke

1	Brazaitis, Mark	57	Greater Pittsburgh YMCA	1:28.00	1:28.69	7
	42.40	1:28.69 (46.29)				
2	Bohatch, Greg	59	Greater Pittsburgh YMCA	1:40.00	1:32.53	5
	44.44	1:32.53 (48.09)				

Event 6 Men 60-64 100 Yard Breaststroke

1	Fenstermacher, Jim	60	Greater Pittsburgh YMCA	1:16.00	1:21.16	7
	37.79	1:21.16 (43.37)				
2	Meekins, Kris J	64	Jamestown Masters Swimming-AM	1:46.00	1:52.79	5
	53.52	1:52.79 (59.27)				

Event 6 Men 65-69 100 Yard Breaststroke

1	Gavin, Mike	68	Cranberry YMCA-AM	1:35.00	1:29.70	7
	43.10	1:29.70 (46.60)				

Event 6 Men 70-74 100 Yard Breaststroke

1	Weston, Bruce	70	Grove City YMCA	1:40.00	1:40.06	7
	48.20	1:40.06 (51.86)				
2	Siegel, Rich	71	Jamestown Masters Swimming-AM	2:05.00	1:54.23	5
	55.60	1:54.23 (58.63)				
3	Ringbloom, Bud	73	YMCA of Youngstown-OH	2:29.32	2:42.13	4
	1:11.21	2:42.13 (1:30.92)				

Sewickley Valley YMCA - 9/10/2023**Results****Event 6 Men 75-79 100 Yard Breaststroke**

1	Andrus, Dan	75	Greater Pittsburgh YMCA	2:16.00	2:53.99	7
				1:19.99	2:53.99 (1:34.00)	

Event 7 Women 35-39 50 Yard Freestyle

1	Reiser, Emily	36	Oil City YMCA Masters	31.26	31.45	7
2	Vranick, Ashley	36	Sewickley YMCA Masters-AM	36.00	35.68	5

Event 7 Women 40-44 50 Yard Freestyle

1	Ronccone, Julie	41	Beaver County YMCA	37.00	36.56	7
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Event 7 Women 45-49 50 Yard Freestyle

1	Fisher, Heather	49	Cranberry YMCA-AM	30.00	30.30	7
2	Knezovich, Lauren	45	Cranberry YMCA-AM	33.00	31.50	5
3	Barron, Amy	45	Sewickley YMCA Masters-AM	33.29	33.91	4
4	McEhinny, Tammie	48	Meadville YMCA-AM	NT	40.24	3
5	Kellam, Shannan	49	Greensburg Y Masters Swim Team	54.00	50.36	2
---	Radio, Lisa	45	Valley Points Family YMCA	35.00	NS	

Event 7 Women 50-54 50 Yard Freestyle

1	Mendoza, Krista	51	Grove City YMCA	35.00	32.83	7
2	Bates, Kelly	53	Jamestown Masters Swimming-AM	NT	39.04	5
3	Hertel, Heather	50	Grove City YMCA	40.30	40.13	4
4	Westreich, Monique	50	Greater Pittsburgh YMCA	45.00	42.01	3
5	Froyd, Margaret	54	Greater Pittsburgh YMCA	NT	54.05	2

Event 7 Women 55-59 50 Yard Freestyle

1	Ide, Carol	57	Greater Pittsburgh YMCA	30.77	31.80	7
2	Styer, Jody	56	YMCA of Youngstown-OH	36.58	37.00	5

Event 7 Women 60-64 50 Yard Freestyle

1	Schuliger, Janine	62	Cranberry YMCA-AM	34.50	34.14	7
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Event 7 Women 65-69 50 Yard Freestyle

1	Lascuola, Ann	66	Cranberry YMCA-AM	38.50	39.80	7
2	Andrus, Nora	68	Greater Pittsburgh YMCA	1:08.00	1:12.20	5
---	Feenstra, Nancy	65	Jamestown Masters Swimming-AM	NT	NS	

Event 7 Women 70-74 50 Yard Freestyle

1	Lewis, Kathy	71	Greater Pittsburgh YMCA	32.50	32.34	7
2	Daniel, Martha	70	Greater Pittsburgh YMCA	36.00	33.76	5
3	Kaighin, Karen	71	Greater Pittsburgh YMCA	43.00	41.76	4
4	Sagan, Deborah	70	Cranberry YMCA-AM	39.24	42.17	3
5	Aldridge, Connie	70	Harrison County YMCA	1:01.00	1:03.92	2

Event 7 Women 95-99 50 Yard Freestyle

1	Young, Judy	97	Jamestown Masters Swimming-AM	1:20.00	1:14.53	7
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Event 7 Men 18-24 50 Yard Freestyle

1	Bender, Micah	22	YMCA of Youngstown-OH	NT	33.66	7
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Event 7 Men 30-34 50 Yard Freestyle

1	Tipper, Royce	31	Beaver County YMCA	26.00	25.29	7
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Event 7 Men 40-44 50 Yard Freestyle

1	Wolbert, Barry	40	Oil City YMCA Masters	36.01	31.69	7
---	Belowich, Sean	43	Sewickley YMCA Masters-AM	25.00	SCR	

Sewickley Valley YMCA - 9/10/2023**Results****Event 7 Men 45-49 50 Yard Freestyle**

1	Fisher, John	49	Cranberry YMCA-AM	28.00	27.55	7
2	Mayhew, Ben	48	Virginia Beach YMCA	29.00	29.26	5
3	Furis, Jeff	47	Sewickley YMCA Masters-AM	28.00	30.01	4
4	Kellam, Jim	49	Greensburg Y Masters Swim Team	35.90	32.90	3

Event 7 Men 50-54 50 Yard Freestyle

1	White, Bill	53	Sewickley YMCA Masters-AM	NT	25.27	7
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Event 7 Men 55-59 50 Yard Freestyle

1	Barkstrom, Jeff	56	Jamestown Masters Swimming-AM	28.05	27.11	7
2	Goldman, Carl	59	Greater Pittsburgh YMCA	28.00	29.50	5
3	Vaillancourt, Michael	59	Jamestown Masters Swimming-AM	29.00	30.43	4

Event 7 Men 60-64 50 Yard Freestyle

1	Jensen, Jim	62	Cranberry YMCA-AM	31.12	30.97	7
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Event 7 Men 65-69 50 Yard Freestyle

1	Wagner, Dale	67	Cranberry YMCA-AM	29.10	28.57	7
2	Gavin, Mike	68	Cranberry YMCA-AM	40.00	33.44	5
3	Abbate, Gary	69	Harrison County YMCA	34.50	36.88	4
---	Riggs, Jonathan	66	Harrison County YMCA	27.50	NS	

Event 7 Men 70-74 50 Yard Freestyle

1	Thornton, Jim	71	Sewickley YMCA Masters-AM	27.60	27.14	7
2	Weston, Bruce	70	Grove City YMCA	35.00	32.36	5
3	Siegel, Rich	71	Jamestown Masters Swimming-AM	35.00	35.78	4
4	Shields, Barry	71	Greater Pittsburgh YMCA	34.00	36.04	3
5	Ruffing, Lew	74	Greater Pittsburgh YMCA	NT	37.50	2
6	Ringbloom, Bud	73	YMCA of Youngstown-OH	46.56	48.68	1

Event 7 Men 75-79 50 Yard Freestyle

1	Andrus, Dan	75	Greater Pittsburgh YMCA	44.00	53.64	7
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Event 8 Women 40-44 200 Yard Backstroke

1	McClellan, Jennifer	43	Oil City YMCA Masters	2:33.19	2:36.37	7	
				36.69	1:15.87 (39.18)	1:56.31 (40.44)	2:36.37 (40.06)

Event 8 Women 60-64 200 Yard Backstroke

1	Williams, Karen	63	Jamestown Masters Swimming-AM	3:45.00	3:44.09	7	
				52.73	1:49.62 (56.89)	2:49.16 (59.54)	3:44.09 (54.93)

Event 8 Women 65-69 200 Yard Backstroke

1	McDonough, Janet	65	Cranberry YMCA-AM	2:45.00	2:41.45	7	
				38.43	1:19.72 (41.29)	2:01.01 (41.29)	2:41.45 (40.44)
2	Ruttenberg, Dana	66	Meadville YMCA-AM	3:40.00	3:29.02	5	
				49.86	1:42.44 (52.58)	2:36.68 (54.24)	3:29.02 (52.34)
3	Sikora, Rosanna	68	Greater Pittsburgh YMCA	3:50.00	3:46.13	4	
				55.86	1:52.41 (56.55)	2:49.41 (57.00)	3:46.13 (56.72)

Event 8 Men 45-49 200 Yard Backstroke

1	Radio, Nick	45	Valley Points Family YMCA	3:05.00	2:52.38	7
				40.39	2:53.00 (2:12.61)	2:52.38 ()

Event 8 Men 55-59 200 Yard Backstroke

1	Goldman, Carl	59	Greater Pittsburgh YMCA	2:45.00	2:47.89	7	
				40.02	1:22.76 (42.74)	2:06.07 (43.31)	2:47.89 (41.82)

Sewickley Valley YMCA - 9/10/2023**Results****Event 8 Men 60-64 200 Yard Backstroke**

1	Jensen, Jim	62	Cranberry YMCA-AM	3:15.12	3:05.14	7
				44.55	1:31.63 (47.08)	2:19.23 (47.60)
						3:05.14 (45.91)
---	Fenstermacher, Jim	60	Greater Pittsburgh YMCA	2:48.00	NS	

Event 8 Men 65-69 200 Yard Backstroke

1	Wagner, Dale	67	Cranberry YMCA-AM	3:15.10	3:00.56	7
				42.40	1:27.45 (45.05)	2:14.58 (47.13)
						3:00.56 (45.98)

Event 8 Men 70-74 200 Yard Backstroke

1	Shields, Barry	71	Greater Pittsburgh YMCA	3:28.00	3:26.41	7
				49.26	1:41.14 (51.88)	2:36.05 (54.91)
						3:26.41 (50.36)
2	Siegel, Rich	71	Jamestown Masters Swimming-AM	4:30.00	4:21.70	5
				1:04.72	2:12.40 (1:07.68)	3:19.16 (1:06.76)
						4:21.70 (1:02.54)

Event 9 Women 35-39 50 Yard Breaststroke

1	Reiser, Emily	36	Oil City YMCA Masters	48.00	44.07	7
2	Vranick, Ashley	36	Sewickley YMCA Masters-AM	46.00	49.15	5

Event 9 Women 40-44 50 Yard Breaststroke

1	Baird, Michelle	40	Sewickley YMCA Masters-AM	38.00	36.73	7
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Event 9 Women 45-49 50 Yard Breaststroke

1	Fisher, Heather	49	Cranberry YMCA-AM	38.00	37.99	7
2	Barron, Amy	45	Sewickley YMCA Masters-AM	44.82	45.66	5
3	Kellam, Shannan	49	Greensburg Y Masters Swim Team	1:20.00	1:26.65	4
---	Radio, Lisa	45	Valley Points Family YMCA	48.00	NS	

Event 9 Women 50-54 50 Yard Breaststroke

1	Mendoza, Krista	51	Grove City YMCA	52.00	48.51	7
2	Westreich, Monique	50	Greater Pittsburgh YMCA	NT	51.32	5
3	Hertel, Heather	50	Grove City YMCA	49.56	52.96	4
4	Froyd, Margaret	54	Greater Pittsburgh YMCA	NT	1:04.78	3

Event 9 Women 55-59 50 Yard Breaststroke

1	Ide, Carol	57	Greater Pittsburgh YMCA	46.70	44.44	7
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Event 9 Women 60-64 50 Yard Breaststroke

1	Schuliger, Janine	62	Cranberry YMCA-AM	46.50	47.06	7
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Event 9 Women 65-69 50 Yard Breaststroke

1	Myers, Gretchen	67	Meadville YMCA-AM	48.00	48.61	7
2	Lascuola, Ann	66	Cranberry YMCA-AM	49.00	49.61	5
3	Andrus, Nora	68	Greater Pittsburgh YMCA	1:21.00	1:35.63	4

Event 9 Women 70-74 50 Yard Breaststroke

1	Lewis, Kathy	71	Greater Pittsburgh YMCA	40.00	40.65	7
2	Sagan, Deborah	70	Cranberry YMCA-AM	53.19	1:01.39	5

Event 9 Men 18-24 50 Yard Breaststroke

1	Bender, Micah	22	YMCA of Youngstown-OH	NT	52.34	7
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Event 9 Men 30-34 50 Yard Breaststroke

1	Tipper, Royce	31	Beaver County YMCA	39.99	37.21	7
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Event 9 Men 50-54 50 Yard Breaststroke

1	White, Bill	53	Sewickley YMCA Masters-AM	NT	31.46	7
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Sewickley Valley YMCA - 9/10/2023**Results****Event 9 Men 55-59 50 Yard Breaststroke**

1	Barkstrom, Jeff	56	Jamestown Masters Swimming-AM	38.00	34.60	7
2	Brazaitis, Mark	57	Greater Pittsburgh YMCA	39.00	38.64	5
3	Bohatch, Greg	59	Greater Pittsburgh YMCA	45.00	40.23	4
4	Vaillancourt, Michael	59	Jamestown Masters Swimming-AM	39.00	41.81	3

Event 9 Men 60-64 50 Yard Breaststroke

1	Gallant, John	63	Greater Pittsburgh YMCA	36.90	35.52	7
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Event 9 Men 65-69 50 Yard Breaststroke

1	McCafferty, Ken	69	Valley Points Family YMCA	45.00	47.50	7
---	Abbate, Gary	69	Harrison County YMCA	39.99	NS	

Event 9 Men 70-74 50 Yard Breaststroke

1	Thornton, Jim	71	Sewickley YMCA Masters-AM	40.00	37.83	7
2	Weston, Bruce	70	Grove City YMCA	45.00	43.64	5
3	Siegel, Rich	71	Jamestown Masters Swimming-AM	1:00.00	51.63	4
4	Ringbloom, Bud	73	YMCA of Youngstown-OH	1:00.49	1:03.03	3

Event 9 Men 75-79 50 Yard Breaststroke

1	Andrus, Dan	75	Greater Pittsburgh YMCA	57.80	56.76	7
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Event 10 Women 40-44 200 Yard IM

1	Donnelly, Tera S	44	Grove City YMCA	3:11.11	3:15.55	7	
				42.33	1:30.28 (47.95)	2:30.59 (1:00.31)	3:15.55 (44.96)

Event 10 Women 55-59 200 Yard IM

1	Strough, JoNell	57	Greater Pittsburgh YMCA	3:50.00	3:40.28	7	
				52.50	1:47.54 (55.04)	2:53.02 (1:05.48)	3:40.28 (47.26)
2	Styer, Jody	56	YMCA of Youngstown-OH	3:41.23	3:40.58	5	
				48.96	1:46.18 (57.22)	2:51.52 (1:05.34)	3:40.58 (49.06)

Event 10 Women 60-64 200 Yard IM

1	Clark, Merri	61	Greater Pittsburgh YMCA	NT	4:35.88	7
				1:11.01	2:30.81 (1:19.80)	4:35.88 (2:05.07)

Event 10 Women 65-69 200 Yard IM

1	Sikora, Rosanna	68	Greater Pittsburgh YMCA	3:29.94	3:31.39	7	
				48.25	1:47.58 (59.33)	2:46.22 (58.64)	3:31.39 (45.17)

Event 10 Women 95-99 200 Yard IM

---	Young, Judy	97	Jamestown Masters Swimming-AM	NT	NS	
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Event 10 Men 25-29 200 Yard IM

1	Pinaroc, Josh	28	Greater Pittsburgh YMCA	2:55.00	2:49.63	7	
				35.55	1:21.89 (46.34)	2:12.24 (50.35)	2:49.63 (37.39)

Event 10 Men 35-39 200 Yard IM

---	Kelley, Patrick	38	Jamestown Masters Swimming-AM	3:00.00	NS	
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Event 10 Men 45-49 200 Yard IM

1	Mayhew, Ben	48	Virginia Beach YMCA	2:45.00	2:50.99	7	
				37.68	1:24.01 (46.33)	2:11.38 (47.37)	2:50.99 (39.61)
2	Radio, Nick	45	Valley Points Family YMCA	2:58.00	2:52.90	5	
				37.85	1:21.90 (44.05)	2:17.24 (55.34)	2:52.90 (35.66)

Event 10 Men 55-59 200 Yard IM

1	Brazaitis, Mark	57	Greater Pittsburgh YMCA	3:25.00	3:11.54	7	
				47.24	1:42.23 (54.99)	2:33.30 (51.07)	3:11.54 (38.24)

Sewickley Valley YMCA - 9/10/2023**Results****Event 10 Men 60-64 200 Yard IM**

1	Meekins, Kris J	64	Jamestown Masters Swimming-AM	3:44.00	3:27.51	7
	47.12	1:39.23 (52.11)	2:42.03 (1:02.80)	3:27.51 (45.48)		

Event 10 Men 65-69 200 Yard IM

---	Riggs, Jonathan	66	Harrison County YMCA	2:50.00	NS	
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Event 11 Women 35-39 25 Yard Butterfly

1	Reiser, Emily	36	Oil City YMCA Masters	15.19	16.14	7
2	Vranick, Ashley	36	Sewickley YMCA Masters-AM	18.00	19.62	5

Event 11 Women 40-44 25 Yard Butterfly

1	McClellan, Jennifer	43	Oil City YMCA Masters	12.89	14.06	7
2	Baird, Michelle	40	Sewickley YMCA Masters-AM	13.50	14.15	5

Event 11 Women 45-49 25 Yard Butterfly

1	Knezovich, Lauren	45	Cranberry YMCA-AM	17.00	14.97	7
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Event 11 Women 50-54 25 Yard Butterfly

1	Mendoza, Krista	51	Grove City YMCA	16.00	16.01	7
2	Bates, Kelly	53	Jamestown Masters Swimming-AM	NT	21.28	5
3	Westreich, Monique	50	Greater Pittsburgh YMCA	20.00	24.12	4
4	Froyd, Margaret	54	Greater Pittsburgh YMCA	NT	29.82	3

Event 11 Women 60-64 25 Yard Butterfly

1	Williams, Karen	63	Jamestown Masters Swimming-AM	17.00	17.65	7
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Event 11 Women 65-69 25 Yard Butterfly

1	McDonough, Janet	65	Cranberry YMCA-AM	18.00	15.99	7
2	McNulty, Barbara	66	Sewickley YMCA Masters-AM	17.75	17.88	5
3	Ruttenberg, Dana	66	Meadville YMCA-AM	23.00	20.30	4
4	Lascuola, Ann	66	Cranberry YMCA-AM	18.80	20.37	3
---	Feenstra, Nancy	65	Jamestown Masters Swimming-AM	NT	NS	

Event 11 Women 70-74 25 Yard Butterfly

1	Daniel, Martha	70	Greater Pittsburgh YMCA	22.00	22.19	7
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Event 11 Men 40-44 25 Yard Butterfly

1	Monyok, Mike	44	Sewickley YMCA Masters-AM	12.50	12.81	7
2	Wolbert, Barry	40	Oil City YMCA Masters	22.00	17.87	5
---	Belowich, Sean	43	Sewickley YMCA Masters-AM	13.50	NS	

Event 11 Men 45-49 25 Yard Butterfly

1	Fisher, John	49	Cranberry YMCA-AM	14.00	15.10	7
2	Furis, Jeff	47	Sewickley YMCA Masters-AM	15.00	15.41	5
3	Kellam, Jim	49	Greensburg Y Masters Swim Team	18.40	17.09	4

Event 11 Men 55-59 25 Yard Butterfly

1	Vaillancourt, Michael	59	Jamestown Masters Swimming-AM	13.50	16.67	7
2	Bohatch, Greg	59	Greater Pittsburgh YMCA	19.00	18.17	5

Event 11 Men 60-64 25 Yard Butterfly

---	Gallant, John	63	Greater Pittsburgh YMCA	13.10	NS	
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Event 11 Men 65-69 25 Yard Butterfly

1	McCafferty, Ken	69	Valley Points Family YMCA	19.00	20.39	7
---	Abbate, Gary	69	Harrison County YMCA	16.40	NS	

Sewickley Valley YMCA - 9/10/2023**Results****Event 11 Men 70-74 25 Yard Butterfly**

1 Thornton, Jim	71 Sewickley YMCA Masters-AM	13.47	13.87	7
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Event 12 Mixed 18+ 200 Yard Freestyle Relay

1 Jamestown Masters Swimmi	A	NT	2:47.79	
1) Young, Judy W97	2) Vaillancourt, Michael M59	3) Williams, Karen W63	4) Barkstrom, Jeff M56	

Event 13 Women 40-44 500 Yard Freestyle

1 Donnelly, Tera S	44 Grove City YMCA	8:00.00	7:37.47	7
40.31	1:25.22 (44.91)	2:11.09 (45.87)	2:57.51 (46.42)	
3:44.63 (47.12)	4:31.66 (47.03)	5:19.55 (47.89)	6:07.34 (47.79)	
6:53.78 (46.44)	7:37.47 (43.69)			

Event 13 Women 45-49 500 Yard Freestyle

1 Fisher, Heather	49 Cranberry YMCA-AM	6:15.00	6:19.51	7
34.21	1:11.73 (37.52)	1:50.34 (38.61)	2:28.34 (38.00)	
3:06.55 (38.21)	3:45.39 (38.84)	4:24.23 (38.84)	5:02.55 (38.32)	
5:41.60 (39.05)	6:19.51 (37.91)			
2 Barron, Amy	45 Sewickley YMCA Masters-AM	6:50.26	7:02.95	5
37.19	1:17.48 (40.29)	1:58.70 (41.22)	2:41.64 (42.94)	
3:24.92 (43.28)	4:08.97 (44.05)	4:52.63 (43.66)	5:37.10 (44.47)	
6:20.99 (43.89)	7:02.95 (41.96)			
3 McEhinny, Tammie	48 Meadville YMCA-AM	NT	9:53.33	4

Event 13 Women 50-54 500 Yard Freestyle

1 Hertel, Heather	50 Grove City YMCA	12:00.00	9:41.78	7
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Event 13 Women 55-59 500 Yard Freestyle

1 Ide, Carol	57 Greater Pittsburgh YMCA	6:48.00	6:57.99	7
38.99	1:20.43 (41.44)	2:02.38 (41.95)	2:44.72 (42.34)	
3:27.14 (42.42)	4:10.16 (43.02)	4:53.09 (42.93)	5:35.62 (42.53)	
6:17.52 (41.90)	6:57.99 (40.47)			
2 Styer, Jody	56 YMCA of Youngstown-OH	8:00.53	8:29.86	5
43.92	1:31.64 (47.72)	2:22.04 (50.40)	3:15.28 (53.24)	
4:07.38 (52.10)	5:00.99 (53.61)	5:55.18 (54.19)	6:48.90 (53.72)	
7:41.58 (52.68)	8:29.86 (48.28)			
3 Strough, JoNell	57 Greater Pittsburgh YMCA	8:33.85	8:47.78	4

Event 13 Women 65-69 500 Yard Freestyle

1 McNulty, Barbara	66 Sewickley YMCA Masters-AM	7:20.62	7:22.33	7
40.65	1:24.87 (44.22)	2:10.05 (45.18)	2:55.12 (45.07)	
3:40.33 (45.21)	4:25.18 (44.85)	5:09.95 (44.77)	5:54.72 (44.77)	
6:39.19 (44.47)	7:22.33 (43.14)			
2 Myers, Gretchen	67 Meadville YMCA-AM	8:06.00	7:47.35	5
40.82	1:24.48 (43.66)	2:10.99 (46.51)	2:58.28 (47.29)	
3:46.05 (47.77)	4:34.09 (48.04)	5:21.93 (47.84)	6:09.93 (48.00)	
6:57.70 (47.77)	7:47.35 (49.65)			
3 Sikora, Rosanna	68 Greater Pittsburgh YMCA	8:10.00	7:49.18	4
42.91	1:30.33 (47.42)	2:18.03 (47.70)	3:05.72 (47.69)	
3:53.17 (47.45)	4:40.62 (47.45)	5:29.26 (48.64)	6:17.06 (47.80)	
7:03.88 (46.82)	7:49.18 (45.30)			

Event 13 Women 70-74 500 Yard Freestyle

1 Daniel, Martha	70 Greater Pittsburgh YMCA	8:00.00	8:08.29	7
44.47	1:32.22 (47.75)	2:22.22 (50.00)	3:12.28 (50.06)	
4:02.53 (50.25)	4:52.26 (49.73)	5:41.81 (49.55)	6:31.52 (49.71)	
7:21.32 (49.80)	8:08.29 (46.97)			
--- Aldridge, Connie	70 Harrison County YMCA	13:39.00	NS	

Sewickley Valley YMCA - 9/10/2023**Results****Event 13 Men 40-44 500 Yard Freestyle**

1	Monyok, Mike	44	Sewickley YMCA Masters-AM	6:15.00	6:26.97	7
	32.03	1:06.83 (34.80)	1:42.30 (35.47)	2:18.41 (36.11)		
	2:55.20 (36.79)	3:32.59 (37.39)	4:10.49 (37.90)	4:48.56 (38.07)		
	6:02.51 (1:13.95)	6:26.97 (24.46)				

Event 13 Men 45-49 500 Yard Freestyle

1	Fisher, John	49	Cranberry YMCA-AM	6:20.00	6:32.67	7
	35.54	1:13.86 (38.32)	1:53.64 (39.78)	2:33.95 (40.31)		
	3:14.44 (40.49)	3:54.89 (40.45)	4:35.36 (40.47)	5:14.87 (39.51)		
	5:54.11 (39.24)	6:32.67 (38.56)				
2	Radio, Nick	45	Valley Points Family YMCA	6:52.00	6:52.41	5
	1:59.74	3:23.08 (1:23.34)	6:52.55 (3:29.47)	7:16.56 (24.01)		
	7:36.92 (20.36)	6:52.41 ()				
3	Kellam, Jim	49	Greensburg Y Masters Swim Team	7:57.30	8:22.92	4
	40.23	1:26.23 (46.00)	2:13.77 (47.54)	3:04.45 (50.68)		
	3:56.38 (51.93)	4:49.50 (53.12)	5:42.98 (53.48)	6:36.00 (53.02)		
	7:30.21 (54.21)	8:22.92 (52.71)				

Event 13 Men 55-59 500 Yard Freestyle

1	Goldman, Carl	59	Greater Pittsburgh YMCA	6:00.00	6:13.04	7
	34.71	1:11.78 (37.07)	1:49.42 (37.64)	2:27.07 (37.65)		
	3:05.07 (38.00)	3:42.77 (37.70)	4:20.91 (38.14)	4:58.57 (37.66)		
	5:36.28 (37.71)	6:13.04 (36.76)				
2	Brazaitis, Mark	57	Greater Pittsburgh YMCA	6:45.00	6:55.42	5
	2:04.95	2:46.93 (41.98)	3:29.23 (42.30)	4:11.97 (42.74)		
	4:54.17 (42.20)	5:35.60 (41.43)	6:16.44 (40.84)	6:55.65 (39.21)		
	6:55.42 ()					

Event 13 Men 60-64 500 Yard Freestyle

1	Meekins, Kris J	64	Jamestown Masters Swimming-AM	7:30.00	7:53.60	7
	40.84	2:13.81 (1:32.97)	3:02.64 (48.83)	3:52.89 (50.25)		
	4:42.84 (49.95)	5:31.62 (48.78)	6:20.50 (48.88)	7:09.21 (48.71)		
	7:53.93 (44.72)	7:53.60 ()				
---	Fenstermacher, Jim	60	Greater Pittsburgh YMCA	6:15.00	NS	

Event 13 Men 65-69 500 Yard Freestyle

---	Riggs, Jonathan	66	Harrison County YMCA	6:50.00	NS	
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Event 13 Men 75-79 500 Yard Freestyle

---	Andrus, Dan	75	Greater Pittsburgh YMCA	11:07.00	NS	
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