

Valley Points Y - 11/5/2023**Results****Event 2 Men 18+ 200 Yard Medley Relay**

Team	Relay	Seed Time	Finals Time
1 Valley Points Family YMCA	A	NT	2:31.14
1) Ken McCafferty M69	2) Nick Radio M45	3) James Burg M66	4) Ross Hassler M52

Event 3 Women 25-29 100 Yard Freestyle

1 Maggie Shemasek	25 YMCA of Youngstown	NT	1:08.51	7
33.18	1:08.51 (35.33)			
2 Rachel D Moussa	27 Corry	1:20.00	1:12.70	5
33.46	1:12.70 (39.24)			

Event 3 Women 30-34 100 Yard Freestyle

1 Rebecca Kraus	31 Cranberry YMCA	1:02.00	1:01.63	7
29.87	1:01.63 (31.76)			
2 Catherine Tarantine	34 Greater Pittsburgh Y	1:45.00	1:36.39	5
41.19	1:36.39 (55.20)			

Event 3 Women 35-39 100 Yard Freestyle

1 Emily Magoc	37 Greensburg Masters	NT	1:09.24	7
32.85	1:09.24 (36.39)			
2 Ashley Vranick	36 Sewickley YMCA Masters	NT	1:20.89	5
37.17	1:20.89 (43.72)			
--- Casey Barger	36 Oil City YMCA Masters	1:35.00	NS	

Event 3 Women 45-49 100 Yard Freestyle

1 Amy Barron	45 Sewickley YMCA Masters	1:11.53	1:13.94	7
35.78	1:13.94 (38.16)			
2 Stephanie Swope	48 Oil City YMCA Masters	1:40.16	1:29.58	5
42.91	1:29.58 (46.67)			

Event 3 Women 50-54 100 Yard Freestyle

1 Krista Mendoza	51 Grove City YMCA	1:17.00	1:14.53	7
36.04	1:14.53 (38.49)			
2 Heather Hertel	50 Grove City YMCA	1:32.00	1:27.87	5
41.59	1:27.87 (46.28)			
--- Margaret Froyd	54 Greater Pittsburgh Y	2:00.00	NS	

Event 3 Women 55-59 100 Yard Freestyle

1 Jody Styer	56 YMCA of Youngstown	1:25.97	1:21.29	7
39.89	1:21.29 (41.40)			

Event 3 Women 60-64 100 Yard Freestyle

1 Natasha Aque	61 Grove City YMCA	1:45.45	1:46.67	7
50.45	1:46.67 (56.22)			

Event 3 Women 65-69 100 Yard Freestyle

1 Barbara McNulty	66 Sewickley YMCA Masters	1:19.16	1:17.27	7
37.47	1:17.27 (39.80)			
2 Ann Lascuola	66 Cranberry YMCA	1:32.50	1:29.98	5
41.98	1:29.98 (48.00)			
3 Dana Ruttenberg	66 Meadville YMCA	1:29.00	1:30.35	4
42.55	1:30.35 (47.80)			
4 Kay Belcastro	66 Harrison County YMCA	1:39.00	1:41.74	3
48.52	1:41.74 (53.22)			
5 Nora Andrus	68 Greater Pittsburgh Y	2:34.00	2:27.25	2
1:09.75	2:27.25 (1:17.50)			

Valley Points Y - 11/5/2023**Results****Event 3 Women 70-74 100 Yard Freestyle**

1	Martha Daniel	70	Greater Pittsburgh Y	1:20.00	1:21.79	7
	38.94	1:21.79	(42.85)			
2	Karen Kaighin	71	Greater Pittsburgh Y	1:30.00	1:30.10	5
	43.19	1:30.10	(46.91)			
3	Connie Aldridge	70	Harrison County YMCA	2:10.00	2:20.96	4
	1:06.00	2:20.96	(1:14.96)			

Event 3 Men 18-24 100 Yard Freestyle

---	Micah Bender	22	YMCA of Youngstown	1:15.46	NS	
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Event 3 Men 30-34 100 Yard Freestyle

1	Marc Williams	30	Cranberry YMCA	1:01.99	1:02.49	7
	30.34	1:02.49	(32.15)			

Event 3 Men 35-39 100 Yard Freestyle

1	Patrick Kelley	38	Jamestown Masters Swimming	1:03.00	1:03.22	7
	31.16	1:03.22	(32.06)			
2	Michael Phillips	37	Harrison County YMCA	1:08.50	1:03.63	5
	30.74	1:03.63	(32.89)			

Event 3 Men 45-49 100 Yard Freestyle

1	Nick Radio	45	Valley Points Family YMCA	1:00.00	59.98	7
	29.53	59.98	(30.45)			
2	John Fisher	49	Cranberry YMCA	1:00.31	1:00.63	5
	29.08	1:00.63	(31.55)			
3	Jim Kellam	49	Greensburg Masters	1:17.84	1:14.92	4
	33.58	1:14.92	(41.34)			

Event 3 Men 50-54 100 Yard Freestyle

1	Ross Hassler	52	Valley Points Family YMCA	1:10.00	1:04.84	7
	32.10	1:04.84	(32.74)			

Event 3 Men 55-59 100 Yard Freestyle

1	Carl Goldman	59	Greater Pittsburgh Y	1:00.00	1:05.75	7
	31.40	1:05.75	(34.35)			
2	Michael Vaillancourt	59	Jamestown Masters Swimming	1:12.00	1:09.00	5
	33.72	1:09.00	(35.28)			

Event 3 Men 60-64 100 Yard Freestyle

1	John Gallant	63	Greater Pittsburgh Y	59.00	59.20	7
	29.22	59.20	(29.98)			
2	Stacy Brovitz	64	Greensburg Masters	1:03.00	1:05.45	5
	31.44	1:05.45	(34.01)			
3	Jim Fenstermacher	60	Greater Pittsburgh Y	1:05.00	1:05.54	4
	31.58	1:05.54	(33.96)			

Event 3 Men 65-69 100 Yard Freestyle

1	James Burg	66	Valley Points Family YMCA	NT	1:20.03	7
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Event 3 Men 70-74 100 Yard Freestyle

1	Barry Shields	71	Greater Pittsburgh Y	1:15.00	1:14.41	7
	35.67	1:14.41	(38.74)			
2	Richard Siegel	71	Jamestown Masters Swimming	1:20.00	1:25.54	5
	41.20	1:25.54	(44.34)			
3	Lew Ruffing	74	Greater Pittsburgh Y	1:36.17	1:29.73	4
	40.90	1:29.73	(48.83)			

Valley Points Y - 11/5/2023**Results****Event 3 Men 75-79 100 Yard Freestyle**

1 Dan Andrus	75 Greater Pittsburgh Y	2:00.00	2:05.95	7
58.71	2:05.95 (1:07.24)			

Event 4 Women 30-34 200 Yard Butterfly

1 Breanna Rice	31 Greensburg Masters	3:02.59	2:55.23	7
39.69	1:22.13 (42.44) 2:08.38 (46.25) 2:55.23 (46.85)			

Event 4 Women 40-44 200 Yard Butterfly

1 Jennifer McClellan	43 Oil City YMCA Masters	2:54.87	2:56.14	7
33.68	1:15.85 (42.17) 2:04.64 (48.79) 2:56.14 (51.50)			
2 Tera S Donnelly	44 Grove City YMCA	3:21.32	3:24.48	5
41.99	1:34.19 (52.20) 2:27.93 (53.74) 3:24.48 (56.55)			

Event 4 Women 45-49 200 Yard Butterfly

1 Shannan Kellam	49 Greensburg Masters	4:34.00	4:51.05	7
59.52	2:08.44 (1:08.92) 3:24.74 (1:16.30) 4:51.05 (1:26.31)			

Event 4 Women 65-69 200 Yard Butterfly

1 Rosanna Sikora	68 Greater Pittsburgh Y	3:48.35	3:56.80	7
51.59	1:52.55 (1:00.96) 2:54.96 (1:02.41) 3:56.80 (1:01.84)			

Event 4 Men 50-54 200 Yard Butterfly

1 Bill White	53 Sewickley YMCA Masters	2:30.00	2:18.87	7
33.01	1:08.61 (35.60) 1:44.02 (35.41) 2:18.87 (34.85)			

Event 4 Men 70-74 200 Yard Butterfly

1 Barry Shields	71 Greater Pittsburgh Y	3:29.00	4:23.64	7
53.23	1:59.35 (1:06.12) 3:12.37 (1:13.02) 4:23.64 (1:11.27)			
2 Steve Muthler	72 Jersey Shore Y	3:45.00	4:25.79	5
47.58	1:52.85 (1:05.27) 3:09.07 (1:16.22) 4:25.79 (1:16.72)			

Event 5 Women 30-34 25 Yard Backstroke

1 Holly Labowski	30 Corry	20.00	19.14	7
2 Catherine Tarantine	34 Greater Pittsburgh Y	30.00	22.50	5

Event 5 Women 35-39 25 Yard Backstroke

--- Casey Barger	36 Oil City YMCA Masters	23.07	NS	
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Event 5 Women 40-44 25 Yard Backstroke

1 Jennifer McClellan	43 Oil City YMCA Masters	15.68	16.37	7
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Event 5 Women 45-49 25 Yard Backstroke

1 Lauren Knezovich	45 Cranberry YMCA	18.30	17.50	7
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Event 5 Women 50-54 25 Yard Backstroke

1 Krista Mendoza	51 Grove City YMCA	19.00	19.44	7
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Event 5 Women 70-74 25 Yard Backstroke

1 Martha Daniel	70 Greater Pittsburgh Y	22.00	22.78	7
2 Karen Kaighin	71 Greater Pittsburgh Y	26.50	24.90	5
3 Connie Aldridge	70 Harrison County YMCA	29.00	33.15	4

Event 5 Men 25-29 25 Yard Backstroke

1 Kyle Labowski	29 Corry	20.00	16.60	7
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Event 5 Men 45-49 25 Yard Backstroke

1 Nick Radio	45 Valley Points Family YMCA	18.00	15.25	7
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Valley Points Y - 11/5/2023**Results****Event 5 Men 50-54 25 Yard Backstroke**

1	Larry Labowski	53	Corry	18.00	15.91	7
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Event 5 Men 55-59 25 Yard Backstroke

1	Greg Bohatch	59	Greater Pittsburgh Y	20.00	19.72	7
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Event 5 Men 60-64 25 Yard Backstroke

1	John Gallant	63	Greater Pittsburgh Y	15.00	15.22	7
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Event 5 Men 65-69 25 Yard Backstroke

1	Harry Kunze	65	Greater Pittsburgh Y	17.00	17.32	7
2	James Burg	66	Valley Points Family YMCA	NT	21.59	5
---	David Mudrick	68	Harrison County YMCA	1:25.00	NS	

Event 5 Men 70-74 25 Yard Backstroke

1	Lew Ruffing	74	Greater Pittsburgh Y	NT	20.22	7
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Event 6 Women 25-29 100 Yard Breaststroke

1	Rachel D Moussa	27	Corry	1:40.00	1:35.83	7
	45.89		1:35.83 (49.94)			
2	Maggie Shemasek	25	YMCA of Youngstown	NT	1:36.30	5
	43.58		1:36.30 (52.72)			

Event 6 Women 35-39 100 Yard Breaststroke

1	Ashley Vranick	36	Sewickley YMCA Masters	NT	1:42.93	7
	48.80		1:42.93 (54.13)			

Event 6 Women 45-49 100 Yard Breaststroke

1	Heather Fisher	49	Cranberry YMCA	1:27.00	1:24.14	7
	39.64		1:24.14 (44.50)			
2	Amy Barron	45	Sewickley YMCA Masters	1:37.35	1:39.19	5
	46.33		1:39.19 (52.86)			
3	Lisa Radio	45	Valley Points Family YMCA	1:55.00	1:40.87	4
	47.03		1:40.87 (53.84)			
4	Stephanie Swope	48	Oil City YMCA Masters	2:02.02	1:51.90	3
	53.68		1:51.90 (58.22)			

Event 6 Women 50-54 100 Yard Breaststroke

1	Heather Hertel	50	Grove City YMCA	1:53.00	1:58.70	7
	55.86		1:58.70 (1:02.84)			
---	Margaret Froyd	54	Greater Pittsburgh Y	NT	NS	

Event 6 Women 55-59 100 Yard Breaststroke

1	Jody Styer	56	YMCA of Youngstown	1:54.90	1:55.97	7
	56.78		1:55.97 (59.19)			

Event 6 Women 60-64 100 Yard Breaststroke

1	Natasha Aque	61	Grove City YMCA	1:50.50	1:54.74	7
	55.51		1:54.74 (59.23)			

Event 6 Women 65-69 100 Yard Breaststroke

1	Rosanna Sikora	68	Greater Pittsburgh Y	1:55.00	1:49.39	7
	51.44		1:49.39 (57.95)			
2	Ann Lascuola	66	Cranberry YMCA	1:51.30	1:50.68	5
	52.91		1:50.68 (57.77)			
3	Gail Steck	66	Grove City YMCA	NT	2:51.32	4
	1:20.33		2:51.32 (1:30.99)			

Valley Points Y - 11/5/2023**Results****(Event 6 Women 65-69 100 Yard Breaststroke)**

4	Nora Andrus	68	Greater Pittsburgh Y	3:22.00	3:18.38	3
	1:34.15		3:18.38 (1:44.23)			

Event 6 Men 30-34 100 Yard Breaststroke

1	Marc Williams	30	Cranberry YMCA	1:23.00	1:19.37	7
	36.98		1:19.37 (42.39)			

Event 6 Men 35-39 100 Yard Breaststroke

1	Patrick Kelley	38	Jamestown Masters Swimming	1:23.00	1:22.29	7
	39.56		1:22.29 (42.73)			

Event 6 Men 50-54 100 Yard Breaststroke

1	Ross Hassler	52	Valley Points Family YMCA	1:29.00	1:22.80	7
	40.08		1:22.80 (42.72)			

Event 6 Men 60-64 100 Yard Breaststroke

1	Jim Fenstermacher	60	Greater Pittsburgh Y	1:25.00	1:21.88	7
	38.66		1:21.88 (43.22)			

Event 6 Men 65-69 100 Yard Breaststroke

1	Evan Naumov	66	Greater Pittsburgh Y	1:35.00	1:44.92	7
	47.87		1:44.92 (57.05)			

Event 7 Women 25-29 50 Yard Freestyle

1	Maggie Shemasek	25	YMCA of Youngstown	NT	30.94	7
2	Rachel D Moussa	27	Corry	35.00	33.46	5

Event 7 Women 30-34 50 Yard Freestyle

1	Rebecca Kraus	31	Cranberry YMCA	28.00	27.93	7
2	Holly Labowski	30	Corry	36.00	36.33	5
3	Catherine Tarantine	34	Greater Pittsburgh Y	45.00	40.99	4

Event 7 Women 35-39 50 Yard Freestyle

1	Emily Magoc	37	Greensburg Masters	NT	31.09	7
---	Casey Barger	36	Oil City YMCA Masters	42.00	NS	

Event 7 Women 40-44 50 Yard Freestyle

1	Jennifer McClellan	43	Oil City YMCA Masters	27.00	27.65	7
2	Tera S Donnelly	44	Grove City YMCA	34.00	36.44	5

Event 7 Women 45-49 50 Yard Freestyle

1	Heather Fisher	49	Cranberry YMCA	31.00	30.22	7
2	Lauren Knezovich	45	Cranberry YMCA	31.50	31.14	5
3	Lisa Radio	45	Valley Points Family YMCA	36.00	31.85	4
4	Melanie Good	46	Greater Pittsburgh Y	40.00	41.14	3

Event 7 Women 50-54 50 Yard Freestyle

1	Krista Mendoza	51	Grove City YMCA	34.50	32.92	7
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Event 7 Women 60-64 50 Yard Freestyle

1	Merri Clark	61	Greater Pittsburgh Y	NT	38.48	7
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Event 7 Women 65-69 50 Yard Freestyle

1	Rosanna Sikora	68	Greater Pittsburgh Y	41.25	39.47	7
2	Dana Ruttenberg	66	Meadville YMCA	40.00	39.61	5
3	Kay Belcastro	66	Harrison County YMCA	55.00	43.93	4
4	Gail Steck	66	Grove City YMCA	1:10.00	53.36	3

Valley Points Y - 11/5/2023**Results****(Event 7 Women 65-69 50 Yard Freestyle)**

5	Nora Andrus	68	Greater Pittsburgh Y	1:12.00	1:07.19	2
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Event 7 Women 70-74 50 Yard Freestyle

1	Martha Daniel	70	Greater Pittsburgh Y	36.00	36.21	7
2	Karen Kaighin	71	Greater Pittsburgh Y	43.00	40.66	5
3	Connie Aldridge	70	Harrison County YMCA	1:01.00	1:05.65	4

Event 7 Men 18-24 50 Yard Freestyle

---	Micah Bender	22	YMCA of Youngstown	33.66	NS	
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Event 7 Men 25-29 50 Yard Freestyle

1	Kyle Labowski	29	Corry	32.00	30.17	7
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Event 7 Men 45-49 50 Yard Freestyle

1	John Fisher	49	Cranberry YMCA	27.55	27.41	7
2	Jim Kellam	49	Greensburg Masters	32.90	32.45	5

Event 7 Men 50-54 50 Yard Freestyle

1	Bill White	53	Sewickley YMCA Masters	24.50	24.47	7
2	Ross Hassler	52	Valley Points Family YMCA	30.00	27.40	5
3	Larry Labowski	53	Corry	31.00	29.31	4

Event 7 Men 55-59 50 Yard Freestyle

1	Michael Vaillancourt	59	Jamestown Masters Swimming	30.00	29.67	7
2	Carl Goldman	59	Greater Pittsburgh Y	28.00	30.02	5

Event 7 Men 60-64 50 Yard Freestyle

1	Stacy Brovitz	64	Greensburg Masters	27.00	29.22	7
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Event 7 Men 65-69 50 Yard Freestyle

1	Harry Kunze	65	Greater Pittsburgh Y	30.00	30.06	7
---	David Mudrick	68	Harrison County YMCA	1:32.00	NS	

Event 7 Men 70-74 50 Yard Freestyle

1	Steve Muthler	72	Jersey Shore Y	32.20	32.60	7
2	Barry Shields	71	Greater Pittsburgh Y	34.00	34.77	5
3	Lew Ruffing	74	Greater Pittsburgh Y	37.50	36.47	4

Event 8 Women 25-29 200 Yard Backstroke

1	Rachel D Moussa	27	Corry	3:00.00	3:23.19	7
	44.46	1:34.55 (50.09)	2:28.84 (54.29)	3:23.19 (54.35)		

Event 8 Women 40-44 200 Yard Backstroke

1	Tera S Donnelly	44	Grove City YMCA	3:33.33	3:10.05	7
	46.10	1:34.83 (48.73)	2:23.32 (48.49)	3:10.05 (46.73)		

Event 8 Women 45-49 200 Yard Backstroke

1	Heather Fisher	49	Cranberry YMCA	2:48.00	3:01.89	7
	43.51	1:28.75 (45.24)	2:16.16 (47.41)	3:01.89 (45.73)		
2	Amy Barron	45	Sewickley YMCA Masters	3:14.93	3:13.45	5
	45.09	1:33.50 (48.41)	3:13.45 (1:39.95)			
3	Stephanie Swope	48	Oil City YMCA Masters	4:00.37	3:45.74	4
	51.46	3:45.74 (2:54.28)				
4	Shannan Kellam	49	Greensburg Masters	3:59.00	3:52.67	3
	58.29	1:58.21 (59.92)	2:57.28 (59.07)	3:52.67 (55.39)		

Valley Points Y - 11/5/2023**Results****Event 8 Women 50-54 200 Yard Backstroke**

---	Margaret Froyd	54	Greater Pittsburgh Y		NT		NS
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Event 8 Women 55-59 200 Yard Backstroke

1	Jody Styer	56	YMCA of Youngstown	3:50.44		3:37.64	7
	51.15	1:47.32 (56.17)	2:43.99 (56.67)	3:37.64 (53.65)			

Event 8 Women 60-64 200 Yard Backstroke

1	Natasha Aque	61	Grove City YMCA	4:26.60		4:25.34	7
	1:01.52		3:18.43 ()	4:25.34 (1:06.91)			

Event 8 Women 65-69 200 Yard Backstroke

1	Barbara McNulty	66	Sewickley YMCA Masters	3:22.13		3:19.86	7
	47.93	1:39.03 (51.10)	2:30.38 (51.35)	3:19.86 (49.48)			
2	Kay Belcastro	66	Harrison County YMCA	4:09.00		4:12.40	5
	1:00.01	2:04.60 (1:04.59)	3:11.19 (1:06.59)	4:12.40 (1:01.21)			

Event 8 Men 30-34 200 Yard Backstroke

1	Marc Williams	30	Cranberry YMCA	2:45.00		2:44.33	7
	39.59	1:21.07 (41.48)	2:03.22 (42.15)	2:44.33 (41.11)			

Event 8 Men 45-49 200 Yard Backstroke

1	Nick Radio	45	Valley Points Family YMCA	2:54.00		3:16.99	7
	40.79	2:06.93 (1:26.14)	2:47.73 (40.80)	3:16.99 (29.26)			

Event 8 Men 55-59 200 Yard Backstroke

1	Carl Goldman	59	Greater Pittsburgh Y	2:50.00		2:55.51	7
	41.77	1:26.44 (44.67)	2:11.02 (44.58)	2:55.51 (44.49)			
2	Greg Bohatch	59	Greater Pittsburgh Y	4:15.00		3:57.40	5
	52.55	1:52.86 (1:00.31)	2:55.94 (1:03.08)	3:57.40 (1:01.46)			

Event 8 Men 70-74 200 Yard Backstroke

1	Barry Shields	71	Greater Pittsburgh Y	3:28.00		3:20.89	7
	48.75	1:38.98 (50.23)	2:31.72 (52.74)	3:20.89 (49.17)			

Event 8 Men 75-79 200 Yard Backstroke

1	Dan Andrus	75	Greater Pittsburgh Y	5:25.35		5:57.38	7
	1:27.41	2:56.48 (1:29.07)	4:28.84 (1:32.36)	5:57.38 (1:28.54)			

Event 9 Women 40-44 50 Yard Breaststroke

1	Jennifer McClellan	43	Oil City YMCA Masters	34.65		36.16	7
2	Tera S Donnelly	44	Grove City YMCA	1:11.11		51.68	5

Event 9 Women 45-49 50 Yard Breaststroke

1	Lauren Knezovich	45	Cranberry YMCA	42.00		42.15	7
2	Melanie Good	46	Greater Pittsburgh Y	1:00.00		53.31	5

Event 9 Women 50-54 50 Yard Breaststroke

1	Heather Hertel	50	Grove City YMCA	53.00		51.62	7
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Event 9 Women 55-59 50 Yard Breaststroke

1	Jody Styer	56	YMCA of Youngstown	52.40		51.53	7
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Event 9 Women 60-64 50 Yard Breaststroke

1	Merri Clark	61	Greater Pittsburgh Y		NT	51.99	7
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Event 9 Women 65-69 50 Yard Breaststroke

1	Ann Lascuola	66	Cranberry YMCA	49.10		49.23	7
2	Rosanna Sikora	68	Greater Pittsburgh Y	56.45		50.78	5

Valley Points Y - 11/5/2023**Results****(Event 9 Women 65-69 50 Yard Breaststroke)**

3	Dana Ruttenberg	66	Meadville YMCA	54.00	54.73	4
4	Nora Andrus	68	Greater Pittsburgh Y	1:35.99	1:31.81	3

Event 9 Men 18-24 50 Yard Breaststroke

---	Micah Bender	22	YMCA of Youngstown	52.34	NS	
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Event 9 Men 50-54 50 Yard Breaststroke

1	Larry Labowski	53	Corry	42.00	37.40	7
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Event 9 Men 60-64 50 Yard Breaststroke

1	John Gallant	63	Greater Pittsburgh Y	37.00	35.50	7
2	Jim Fenstermacher	60	Greater Pittsburgh Y	35.00	36.13	5

Event 9 Men 65-69 50 Yard Breaststroke

1	Harry Kunze	65	Greater Pittsburgh Y	40.00	40.24	7
2	Evan Naumov	66	Greater Pittsburgh Y	40.00	46.05	5
3	Ken McCafferty	69	Valley Points Family YMCA	45.00	48.27	4

Event 9 Men 70-74 50 Yard Breaststroke

1	Steve Muthler	72	Jersey Shore Y	43.59	45.27	7
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Event 10 Women 30-34 200 Yard IM

1	Rebecca Kraus	31	Cranberry YMCA	2:30.00	2:33.57	7	
				31.60	1:11.81 (40.21)	1:57.96 (46.15)	2:33.57 (35.61)

Event 10 Women 35-39 200 Yard IM

1	Ashley Vranick	36	Sewickley YMCA Masters	NT	3:37.37	7	
				46.25	1:49.18 (1:02.93)	2:48.76 (59.58)	3:37.37 (48.61)

Event 10 Women 45-49 200 Yard IM

1	Heather Fisher	49	Cranberry YMCA	2:50.00	2:45.04	7	
				34.59	1:21.67 (47.08)	2:07.59 (45.92)	2:45.04 (37.45)
2	Amy Barron	45	Sewickley YMCA Masters	3:05.19	3:06.77	5	
				43.61	1:32.70 (49.09)	2:27.38 (54.68)	3:06.77 (39.39)
3	Lisa Radio	45	Valley Points Family YMCA	3:20.00	3:11.75	4	
				43.35	1:32.32 (48.97)	2:28.90 (56.58)	3:11.75 (42.85)
4	Shannan Kellam	49	Greensburg Masters	4:44.00	4:24.39	3	
				59.41	2:00.44 (1:01.03)	3:29.77 (1:29.33)	4:24.39 (54.62)

Event 10 Women 60-64 200 Yard IM

1	Natasha Aque	61	Grove City YMCA	4:32.12	4:17.42	7	
				1:03.78	2:15.61 (1:11.83)	3:21.88 (1:06.27)	4:17.42 (55.54)

Event 10 Women 65-69 200 Yard IM

1	Ann Lascuola	66	Cranberry YMCA	3:59.50	3:52.21	7	
				52.47	1:56.10 (1:03.63)	2:59.94 (1:03.84)	3:52.21 (52.27)
2	Kay Belcastro	66	Harrison County YMCA	4:05.00	4:17.58	5	
				1:02.28	2:04.41 (1:02.13)	3:22.82 (1:18.41)	4:17.58 (54.76)
3	Gail Steck	66	Grove City YMCA	NT	5:29.60	4	
				1:15.59	2:56.32 (1:40.73)	4:26.73 (1:30.41)	5:29.60 (1:02.87)

Event 10 Men 35-39 200 Yard IM

1	Patrick Kelley	38	Jamestown Masters Swimming	2:50.00	2:49.45	7	
				37.85	1:24.12 (46.27)	2:10.98 (46.86)	2:49.45 (38.47)

Valley Points Y - 11/5/2023**Results****Event 10 Men 45-49 200 Yard IM**

1	John Fisher	49	Cranberry YMCA	3:00.00	2:55.74	7
	38.64	1:23.79 (45.15)	2:16.91 (53.12)	2:55.74 (38.83)		

Event 10 Men 50-54 200 Yard IM

1	Ross Hassler	52	Valley Points Family YMCA	2:55.00	2:49.77	7
	35.67	1:23.20 (47.53)	2:13.49 (50.29)	2:49.77 (36.28)		

Event 10 Men 55-59 200 Yard IM

1	Greg Bohatch	59	Greater Pittsburgh Y	3:50.00	3:29.57	7
	46.17	1:46.88 (1:00.71)	2:42.60 (55.72)	3:29.57 (46.97)		

Event 10 Men 60-64 200 Yard IM

---	Jim Fenstermacher	60	Greater Pittsburgh Y	2:35.00	NS	
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Event 10 Men 70-74 200 Yard IM

1	Richard Siegel	71	Jamestown Masters Swimming	4:00.00	4:08.37	7
	57.75	2:08.70 (1:10.95)	3:15.41 (1:06.71)	4:08.37 (52.96)		

Event 10 Men 75-79 200 Yard IM

1	Dan Andrus	75	Greater Pittsburgh Y	5:30.00	5:20.67	7
	1:10.74	2:41.52 (1:30.78)	4:15.42 (1:33.90)	5:20.67 (1:05.25)		

Event 11 Women 25-29 25 Yard Butterfly

1	Maggie Shemasek	25	YMCA of Youngstown	NT	17.32	7
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Event 11 Women 30-34 25 Yard Butterfly

1	Rebecca Kraus	31	Cranberry YMCA	13.00	13.16	7
2	Breanna Rice	31	Greensburg Masters	NT	13.87	5
3	Catherine Tarantine	34	Greater Pittsburgh Y	40.00	23.94	4

Event 11 Women 45-49 25 Yard Butterfly

1	Lauren Knezovich	45	Cranberry YMCA	15.10	14.78	7
2	Stephanie Swope	48	Oil City YMCA Masters	21.54	18.93	5

Event 11 Women 50-54 25 Yard Butterfly

1	Krista Mendoza	51	Grove City YMCA	16.50	16.05	7
---	Margaret Froyd	54	Greater Pittsburgh Y	29.82	NS	

Event 11 Women 60-64 25 Yard Butterfly

1	Merri Clark	61	Greater Pittsburgh Y	NT	23.47	7
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Event 11 Women 70-74 25 Yard Butterfly

1	Martha Daniel	70	Greater Pittsburgh Y	22.00	21.66	7
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Event 11 Men 18-24 25 Yard Butterfly

---	Micah Bender	22	YMCA of Youngstown	NT	NS	
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Event 11 Men 25-29 25 Yard Butterfly

1	Kyle Labowski	29	Corry	20.00	14.35	7
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Event 11 Men 45-49 25 Yard Butterfly

1	John Fisher	49	Cranberry YMCA	15.10	14.88	7
2	Jim Kellam	49	Greensburg Masters	17.09	16.91	5

Event 11 Men 50-54 25 Yard Butterfly

1	Bill White	53	Sewickley YMCA Masters	13.00	12.28	7
2	Larry Labowski	53	Corry	14.50	14.33	5

Valley Points Y - 11/5/2023**Results****Event 11 Men 55-59 25 Yard Butterfly**

1	Michael Vaillancourt	59	Jamestown Masters Swimming	15.00	14.66	7
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Event 11 Men 60-64 25 Yard Butterfly

1	John Gallant	63	Greater Pittsburgh Y	13.20	12.75	7
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Event 11 Men 65-69 25 Yard Butterfly

1	Harry Kunze	65	Greater Pittsburgh Y	16.00	15.10	7
2	Ken McCafferty	69	Valley Points Family YMCA	18.50	19.65	5
---	David Mudrick	68	Harrison County YMCA	32.00	NS	

Event 11 Men 70-74 25 Yard Butterfly

1	Richard Siegel	71	Jamestown Masters Swimming	20.00	23.40	7
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Event 11 Men 75-79 25 Yard Butterfly

---	Dan Andrus	75	Greater Pittsburgh Y	28.00	NS	
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Event 12 Mixed 18+ 200 Yard Freestyle Relay

1	Greensburg Masters	A	NT	2:23.96
	1) Shannan Kellam W49	2) Jim Kellam M49	3) Emily Magoc W37	4) Stacy Brovitz M64
	50.29	1:22.58 (32.29)	1:54.58 (32.00)	2:23.96 (29.38)

Event 13 Women 30-34 500 Yard Freestyle

1	Breanna Rice	31	Greensburg Masters	6:54.05	6:51.19	7
	38.07	1:19.42 (41.35)	2:01.08 (41.66)	2:43.41 (42.33)		
	3:26.05 (42.64)	4:07.76 (41.71)	4:50.09 (42.33)	5:31.96 (41.87)		
	6:13.28 (41.32)	6:51.19 (37.91)				

Event 13 Women 45-49 500 Yard Freestyle

1	Shannan Kellam	49	Greensburg Masters	9:23.00	9:22.40	7
	54.73	1:51.99 (57.26)	2:49.90 (57.91)	3:47.04 (57.14)		
	4:44.57 (57.53)	5:41.50 (56.93)	6:38.32 (56.82)	7:33.36 (55.04)		
	8:28.75 (55.39)	9:22.40 (53.65)				

Event 13 Women 50-54 500 Yard Freestyle

1	Heather Hertel	50	Grove City YMCA	9:42.00	9:53.78	7
	55.56		2:54.02 ()			
			6:58.68 ()	7:59.80 (1:01.12)		
	8:58.96 (59.16)	9:53.78 (54.82)				

Event 13 Women 60-64 500 Yard Freestyle

1	Merri Clark	61	Greater Pittsburgh Y	NT	9:52.05	7
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Event 13 Women 65-69 500 Yard Freestyle

1	Barbara McNulty	66	Sewickley YMCA Masters	7:22.33	7:16.42	7
	39.81	1:23.42 (43.61)	2:07.79 (44.37)	2:52.36 (44.57)		
	3:36.84 (44.48)	4:21.52 (44.68)	5:05.98 (44.46)	5:50.37 (44.39)		
	6:34.06 (43.69)	7:16.42 (42.36)				
2	Dana Ruttenberg	66	Meadville YMCA	8:50.00	8:50.95	5
	46.69	1:38.77 (52.08)	2:31.59 (52.82)	3:24.68 (53.09)		
	4:18.67 (53.99)	5:13.56 (54.89)	6:08.70 (55.14)	7:03.98 (55.28)		
	7:58.32 (54.34)	8:50.95 (52.63)				
3	Gail Steck	66	Grove City YMCA	12:00.00	11:13.27	4

Event 13 Men 30-34 500 Yard Freestyle

1	Marc Williams	30	Cranberry YMCA	6:00.00	6:14.78	7
	32.35	1:07.30 (34.95)	1:43.29 (35.99)	2:20.22 (36.93)		
	2:57.71 (37.49)	3:36.35 (38.64)	4:16.66 (40.31)	4:57.91 (41.25)		
	5:36.86 (38.95)	6:14.78 (37.92)				

Valley Points Y - 11/5/2023**Results****Event 13 Men 45-49 500 Yard Freestyle**

1	Nick Radio	45	Valley Points Family YMCA	6:52.00	6:40.98	7
	36.90		1:58.96 ()	2:39.88 (40.92)		
	3:21.94 (42.06)	4:02.25 (40.31)	6:40.98 (2:38.73)			
2	Jim Kellam	49	Greensburg Masters	8:22.92	8:28.87	5
	40.29	1:26.24 (45.95)	2:15.70 (49.46)	3:08.34 (52.64)		
	4:00.52 (52.18)	4:53.89 (53.37)	5:47.60 (53.71)	6:41.28 (53.68)		
	7:35.65 (54.37)	8:28.87 (53.22)				

Event 13 Men 50-54 500 Yard Freestyle

1	Bill White	53	Sewickley YMCA Masters	5:45.00	5:39.36	7
	31.64	1:05.83 (34.19)	1:40.57 (34.74)	2:15.88 (35.31)		
	2:51.15 (35.27)	3:26.14 (34.99)	4:00.37 (34.23)	4:34.56 (34.19)		
	5:08.56 (34.00)	5:39.36 (30.80)				

Event 13 Men 55-59 500 Yard Freestyle

---	Carl Goldman	59	Greater Pittsburgh Y	6:00.00	NS	
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Event 13 Men 65-69 500 Yard Freestyle

1	James Burg	66	Valley Points Family YMCA	NT	9:12.03	7
---	David Mudrick	68	Harrison County YMCA	7:30.00	NS	

Event 13 Men 70-74 500 Yard Freestyle

1	Steve Muthler	72	Jersey Shore Y	8:00.00	8:20.10	7
	42.59	1:29.28 (46.69)	2:19.79 (50.51)	3:11.51 (51.72)		
	4:03.57 (52.06)	4:56.50 (52.93)	5:48.28 (51.78)	6:40.49 (52.21)		
	7:31.98 (51.49)	8:20.10 (48.12)				
2	Richard Siegel	71	Jamestown Masters Swimming	10:00.00	9:32.85	5