

AMYMSA
MARATHON SWIM COMPETITION
September 3, 2019 – March 1, 2020

This competition has been established to encourage swimmers to practice regularly and to swim in Masters Swim Meets.

- To compete in the Marathon Swim, a swimmer should complete the qualifications for one of the following levels; BRONZE, SILVER, GOLD or THE 100 MILE CLUB.
- Awards will be given at the annual Banquet.
- Tracking forms will be posted to the website.
- SEND THE LOWER SECTION AND A CHECK for \$20 MADE PAYABLE TO “**AMYMSA**” to Mark Murtha 622 Pierce St. Rochester, PA 15074 Email: murtha1835@gmail.com

All those competing must have their entry, with entry fee and tracking forms, in mail by March 3, 2019. (You have until March 1, 2019 to accumulate yards and points.) Fees and forms are due March 7, 2019. You can mail your entry form and fee with your completed tracking form or send your entry form and fee ahead of time and then mail or e-mail your tracking form later.

POINTS WILL BE DETERMINED AS FOLLOWS

- One**(1) point for each swim practice (max of two practices per day. minimum of 750 yds per practice session).
Two(2) points for participating in a non- AMYMSA Masters Swim Meet (if the meet lasts more than one day, an additional one point per day may be earned for the same meet.)
Three(3) points for participating in a regular AMYMSA Swim Meet (includes 1650 mail-in)
One(1) point for each time a swimmer swims a 200 yard event (excl. relays and 200 fly) in a Masters Meet.
Two(2) points each time a swimmer swims the 500 yard freestyle in a Masters Meet.
Three(3) points for swimming the 1650 (mail-in).
Four(4) points each time a swimmer swims the 400 IM or 200 butterfly in a Masters Meet.

AWARDS

- Bronze-** Individuals who swim 50,000 yards over the course of the season and accumulate 50 points.
Silver- Individuals who swim 75,000 yards over the course of the season and accumulate 60 points.
Gold- Individuals who swim 120,000 yards over the course of the season and accumulate 75 points.
100 Mile Club- Individuals who swim 176,000 yards (100 miles) and accumulate 100points.
Male Swimmer and Female Swimmer who accumulate the most points during the competition.
First Male and First Female Swimmer who complete the 100 Mile Club qualifications.
Male Swimmer and Female Swimmer who accumulate the most yards during the competition.
Team Award for the Team whose members accumulate the highest total yardage. For a swimmer’s yardage to count towards the team’s total, the swimmer must have competed in at least one (1) AMYMSA Meet, not counting the 1650 mail-in meet, and be registered in the Marathon competition.

Name: _____ Team: _____

Address: _____ City: _____

State and Zip: _____ E-Mail: _____

Phone: _____
Shirt Size: **S M L XL XXL XXXL (circle one)**
Jacket Size: **S M L XL XXL XXXL (circle one)**
Pant Size: **S M L XL XXL XXXL (circle one)**

Include a \$20 check made payable to “AMYMSA”. All entries must be received by 3/7/2020

Mail to: Mark Murtha 622 Pierce St. Rochester, PA 15074

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