

AMYMSA  
Iron Person Entry Form 2024-2025

NAME \_\_\_\_\_ TEAM \_\_\_\_\_ AGE/GENDER \_\_\_\_\_  
E-MAIL ADDRESS \_\_\_\_\_ PHONE \_\_\_\_\_

Shirt Size: S M L XL XXL XXXL (Circle One) Jacket Size: S M L XL XXL XXXL (Circle One)  
Pant Size: S M L XL XXL XXXL (Circle One)

This form is to be completed by each swimmer who is competing in the Iron-Person Competition. Enter the month and the location of the meet in which you have completed the required events.

COST: \$15.00 check made payable to AMYMSA to be mailed to Mark Murtha once you have COMPLETED all events. If you want to do the Iron Hagy (Iron Person twice) the fee will be \$20.00

DATE: This form and your check must be postmarked no later than March 3, 2025 and mailed to: Mark Murtha, 622 Pierce Street, Rochester, PA 15074

EVENT	MONTH	MEET
<b>50 FREESTYLE</b>		
<b>100 FREESTYLE</b>		
<b>200 FREESTYLE</b>		
<b>500 FREESTYLE</b>		
<b>1650 FREESTYLE</b>		

EVENT	MONTH	MEET
<b>50 BACKSTROKE</b>		
<b>100 BACKSTROKE</b>		
<b>200 BACKSTROKE</b>		

EVENT	MONTH	MEET
<b>50 BREASTSTROKE</b>		
<b>100 BREASTSTROKE</b>		
<b>200 BREASTSTROKE</b>		

EVENT	MONTH	MEET
<b>50 BUTTERFLY</b>		
<b>100 BUTTERFLY</b>		
<b>200 BUTTERFLY</b>		

EVENT	MONTH	MEET
<b>100 INDIVIDUAL MEDLEY</b>		
<b>200 INDIVIDUAL MEDLEY</b>		
<b>400 INDIVIDUAL MEDLEY</b>		