

# AMYMSA March 2023 Newsletter



## 2022- 2023 Meet Schedule

**March 5- Virtual Meet 3**

**April 1&2- Championships at The Bridge Facility WV**

### **March 5- 11 Virtual Meet #3**

**This Virtually Meet will be a B meet and all entries need to be submitted to Mark Barnhart by March 12th at [MBarnhart@verizon.net](mailto:MBarnhart@verizon.net) or via mail at 505E.Pittsburgh St Greensburg PA 15601. The entry fee is \$7 per swimmer make checks payable to AMYMSA**

**IronMan and Marathon swims - if you are participating in this please note the forms need to be post marked by March 12th. Please note this is different than what the forms indicate, this has been extended to account for the Virtual meet which has to be turned in on March 12th as well.**

**Please also check out this wonderful article on our own Judy Young!**

**[https://www.theepochtimes.com/finish-like-judy-96-year-old-swimmer-and-gold-medalist-shares-her-secret-to-health\\_4990044.html?utm\\_source=partner](https://www.theepochtimes.com/finish-like-judy-96-year-old-swimmer-and-gold-medalist-shares-her-secret-to-health_4990044.html?utm_source=partner)**