

Reminders *Keep tracking your Marathon and Iron Person swims. It's not too late to start! Find forms at amymsa.org

*The Virtual Meet results must be submitted BY Dec 24th. Send to mbarnhar@verizon.net

*Make your hotel reservations for Champs at Clarion University

Melissa Sabella **Evan Shearer** FROM OIL CITY Aden Boozel **Sharon Udick FROM YOUNGSTOWN** Dane Stilgenbaur

Upcoming Meets

*Cranberry Y Dec. 3
*Virtual Meet Dec. 10-24 *Grove City Jan. 7

PLEASE GET YOUR ENTRIES SUBMITTED ON TIME

