



RULES AND POLICIES FOR THE 2026 CHAMPIONSHIP MEET

The deadline for entries is Monday, March 16. The \$35 entry fee includes your Banquet Dinner on Saturday night. Please let me know if you have any guests coming so I can turn in a meal count for our team.

No changes will be made to a team's entries once the Heat Sheet has been posted on the League's web site (www.amymsa.org). Exceptions will be made if it was an obvious mistake submitted on the original entry time (example: seed time of 1:45 for the 1000 Free when swimmer should have been entered in the 100 Free). **NO CHANGES OR CORRECTIONS CAN BE MADE AFTER 12:00 NOON ON Friday, March 20.**

Remember that all swimmers must compete in the same age-group for the entire season, including the Championship Meet. The swimmer's age is determined by his/her age on December 31, 2025.

The number of swimmers on a team entered in the Championship Meet will determine in what Division that team competes at the Championship Meet. The number of swimmers will be the number of swimmers registered for the Championship Meet, not the number that actually compete.

A swimmer may compete in seven (7) individual events plus two (2) relay events for the Championship Meet. A swimmer may swim seven (7) events in one day or divide them anyway he/she chooses over the two day Meet.

As this is a team competition Meet, you are encouraged to swim seven (7) events so that your team will receive the maximum number of points.

A Relay Team is permitted to change the individual swimmers in a relay, as long as the change **DOES NOT** change the age-group in which that relay competes.

If there is a problem or question with a swimmer's time, the Team Rep from that Team should see the Secretary or her "helpers". Times will become official after twenty (20) minutes after they have been posted.